



3. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 08.09.2018

Detailed evaluation

Giebler, Benjamin

Club: Citylauf-Verein Dresden e.V.  
Number: 207

Course: 10.00 km  
10 km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 43:44

Speed: 13.72 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 4 (of 45)

Rank in course/Men: 4 (of 30)

Best time in course: 39:56

Rank in category: 2(of 8)

Best time in the category: 40:15