



3. Stadtlauf Bad Tennstedt
Bad Tennstedt / 08.09.2018

Detailed evaluation

Weinberger, Mirco

Club: RUNNING TEAM Wiegand GmbH
Number: 220

Course: 10.00 km
10 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 46:51

Speed: 12.81 km/h
Running performance: 4:41 min/km

Rank in course/Total: 10 (of 45)

Rank in course/Men: 10 (of 30)

Best time in course: 39:56

Rank in category: 3(of 8)

Best time in the category: 40:15