



3. Stadtlauf Bad Tennstedt
Bad Tennstedt / 08.09.2018

Detailed evaluation

Zander, Tino

Club: RUNNING TEAM Wiegand GmbH
Number: 222

Course: 10.00 km
10 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 47:38

Speed: 12.60 km/h
Running performance: 4:46 min/km

Rank in course/Total: 12 (of 45)

Rank in course/Men: 11 (of 30)

Best time in course: 39:56

Rank in category: 2(of 5)

Best time in the category: 43:55