



3. Stadtlauf Bad Tennstedt
Bad Tennstedt / 08.09.2018

Detailed evaluation

Heinke, Christin

Club: Altengottern
Number: 225

Course: 10.00 km
10 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 54:48

Speed: 10.95 km/h
Running performance: 5:29 min/km

Rank in course/Total: 23 (of 45)
Rank in course/Women: 5 (of 15)
Best time in course: 47:31

Rank in category: 2(of 4)
Best time in the category: 50:20