



3. Stadtlauf Bad Tennstedt
Bad Tennstedt / 08.09.2018

Detailed evaluation

Metze, Caroline

Club: Erfurt
Number: 230

Course: 10.00 km
10 km Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 55:43

Speed: 10.77 km/h
Running performance: 5:34 min/km

Rank in course/Total: 25 (of 45)
Rank in course/Women: 7 (of 15)
Best time in course: 47:31

Rank in category: 2(of 3)
Best time in the category: 51:14