



3. Stadtlauf Bad Tennstedt
Bad Tennstedt / 08.09.2018

Detailed evaluation

Poelmann, Florian

Club: Oldisleben

Number: 210

Course: 10.00 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:01:54

Speed: 9.69 km/h

Running performance: 6:11 min/km

Rank in course/Total: 38 (of 45)

Rank in course/Men: 25 (of 30)

Best time in course: 39:56

Rank in category: 7(of 8)

Best time in the category: 40:15