



3. Stadtlauf Bad Tennstedt
Bad Tennstedt / 08.09.2018

Detailed evaluation

Strickrodt, Christian

Club: Schlossvippach

Number: 208

Course: 10.00 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:01:55

Speed: 9.69 km/h

Running performance: 6:11 min/km

Rank in course/Total: 39 (of 45)

Rank in course/Men: 26 (of 30)

Best time in course: 39:56

Rank in category: 5(of 5)

Best time in the category: 43:55