



Südeichsfeldlauf  
Diedorf / 30.06.2018

## Detailed evaluation

**Kaufhold, Tobias**

Club: Faulungen  
Number: 442

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M30 (30-34 Jahre)

Total time: 42:32

Speed: 14.11 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 3 (of 58)

Rank in course/Men: 3 (of 49)

Best time in course: 39:56

Rank in category: 1(of 11)

Best time in the category: 42:32