



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Mock, Chris

Club: -

Number: 418

Course: 10.60 km

Hauptlauf 10,6 km

Category:

Senioren M30 (30-34 Jahre)

Total time: 43:06

Speed: 13.92 km/h

Running performance: 4:04 min/km

Rank in course/Total: 5 (of 58)

Rank in course/Men: 5 (of 49)

Best time in course: 39:56

Rank in category: 3(of 11)

Best time in the category: 42:32