



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Knoll, Martin

Club: Mathilda Running Team
Number: 437

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M30 (30-34 Jahre)

Total time: 42:59

Speed: 13.96 km/h
Running performance: 4:04 min/km

Rank in course/Total: 4 (of 58)

Rank in course/Men: 4 (of 49)

Best time in course: 39:56

Rank in category: 2(of 11)

Best time in the category: 42:32