



Südeichsfeldlauf  
Diedorf / 30.06.2018

## Detailed evaluation

**Staufenbiel, Roman**

Club: SV Diedorf 1921 e.V  
Number: 432

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M45 (45-49 Jahre)

Total time: 46:19

Speed: 12.95 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 9 (of 58)

Rank in course/Men: 9 (of 49)

Best time in course: 39:56

Rank in category: 1(of 4)

Best time in the category: 46:19