



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Henhel, Andreas

Club: SG Eintracht Wendehausen
Number: 441

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M30 (30-34 Jahre)

Total time: 48:04

Speed: 12.48 km/h
Running performance: 4:32 min/km

Rank in course/Total: 12 (of 58)

Rank in course/Men: 11 (of 49)

Best time in course: 39:56

Rank in category: 4(of 11)

Best time in the category: 42:32