



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Heinberger, Mirco

Club: Mühlhausen
Number: 445

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M30 (30-34 Jahre)

Total time: 51:26

Speed: 11.67 km/h
Running performance: 4:51 min/km

Rank in course/Total: 20 (of 58)

Rank in course/Men: 18 (of 49)

Best time in course: 39:56

Rank in category: 7(of 11)

Best time in the category: 42:32