



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Knieriemen, Bernhard

Club: Sv diedorf 1921 e. V.
Number: 451

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M55 (55-59 Jahre)

Total time: 52:46

Speed: 11.37 km/h
Running performance: 4:59 min/km

Rank in course/Total: 24 (of 58)

Rank in course/Men: 22 (of 49)

Best time in course: 39:56

Rank in category: 1(of 5)

Best time in the category: 52:46