



Südeichsfeldlauf  
Diedorf / 30.06.2018

Detailed evaluation

Mock, Gerd

Club: SV Diedorf 1921 e. V.  
Number: 419

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M50 (50-54 Jahre)

Total time: 53:36

Speed: 11.19 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 29 (of 58)

Rank in course/Men: 27 (of 49)

Best time in course: 39:56

Rank in category: 3(of 7)

Best time in the category: 46:16