



Südeichsfeldlauf  
Diedorf / 30.06.2018

## Detailed evaluation

**Schelhouse, Sascha**

Club: Treffurt  
Number: 433

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Männer (20-29 Jahre)

Total time: 53:55

Speed: 11.80 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 30 (of 58)

Rank in course/Men: 28 (of 49)

Best time in course: 39:56

Rank in category: 4(of 4)

Best time in the category: 39:56