



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Näher, Markus

Club: -

Number: 422

Course: 10.60 km

Hauptlauf 10,6 km

Category:

Senioren M50 (50-54 Jahre)

Total time: 54:07

Speed: 11.09 km/h

Running performance: 5:07 min/km

Rank in course/Total: 31 (of 58)

Rank in course/Men: 29 (of 49)

Best time in course: 39:56

Rank in category: 4(of 7)

Best time in the category: 46:16