



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Henning, Jurgen

Club: Spvgg Faulungen
Number: 454

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M55 (55-59 Jahre)

Total time: 54:30

Speed: 11.01 km/h
Running performance: 5:08 min/km

Rank in course/Total: 32 (of 58)

Rank in course/Men: 30 (of 49)

Best time in course: 39:56

Rank in category: 3(of 5)

Best time in the category: 52:46