



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Mock, Frank

Club: SV Diedorf 1921 e. V.
Number: 447

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M40 (40-44 Jahre)

Total time: 54:45

Speed: 10.96 km/h
Running performance: 5:10 min/km

Rank in course/Total: 36 (of 58)

Rank in course/Men: 33 (of 49)

Best time in course: 39:56

Rank in category: 5(of 7)

Best time in the category: 43:20