



Südeichsfeldlauf  
Diedorf / 30.06.2018

## Detailed evaluation

**Diete, Oliver**

Club: Hildebrandshausen  
Number: 462

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M30 (30-34 Jahre)

Total time: 56:25

Speed: 10.64 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 39 (of 58)

Rank in course/Men: 35 (of 49)

Best time in course: 39:56

Rank in category: 10(of 11)

Best time in the category: 42:32