



Südeichsfeldlauf  
Diedorf / 30.06.2018

Detailed evaluation

**Groß, Uwe**

Club: SV Diedorf 1921 e.V  
Number: 434

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M45 (45-49 Jahre)

Total time: 57:50

Speed: 11.00 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 43 (of 58)

Rank in course/Men: 38 (of 49)

Best time in course: 39:56

Rank in category: 3(of 4)

Best time in the category: 46:19