



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Fromm, Stefan

Club: Go Eichsfeld
Number: 406

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M30 (30-34 Jahre)

Total time: 58:18

Speed: 10.29 km/h
Running performance: 5:30 min/km

Rank in course/Total: 44 (of 58)

Rank in course/Men: 39 (of 49)

Best time in course: 39:56

Rank in category: 11(of 11)

Best time in the category: 42:32