



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Bomme, Thomas

Club: Heyerode

Number: 438

Course: 10.60 km

Hauptlauf 10,6 km

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:06:17

Speed: 9.05 km/h

Running performance: 6:15 min/km

Rank in course/Total: 53 (of 58)

Rank in course/Men: 47 (of 49)

Best time in course: 39:56

Rank in category: 5(of 7)

Best time in the category: 46:16