



Südeichsfeldlauf
Diedorf / 30.06.2018

Detailed evaluation

Dite, Michael

Club: -

Number: 405

Course: 10.60 km

Hauptlauf 10,6 km

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:07:55

Speed: 8.83 km/h

Running performance: 6:25 min/km

Rank in course/Total: 56 (of 58)

Rank in course/Men: 49 (of 49)

Best time in course: 39:56

Rank in category: 7(of 7)

Best time in the category: 46:16