



Thüringen Pokal 2018 und TRL
Arnstadt / 14.04.2018

Detailed evaluation

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Club: USV Jena

Total time: 28:39

Running performance: 9:14 min/km

Course: 3.10 km / 15 Controls

Category:

D45 (Damen ab 45)

Rank in category: 5(of 12)

Best time in the category: 25:04

Behind: 3:35

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (33)	0:56	5	0:14	33.3	0:56	5	0:14	33.3
2 (36)	1:02	4	0:17	37.8	1:58	2	0:31	35.6
3 (40)	1:51	8	0:30	37.0	3:49	3	0:46	25.1
4 (50)	3:12	3	0:44	29.7	7:01	2	0:35	9.1
5 (71)	1:46	9	0:26	32.5	8:47	4	0:38	7.8
6 (72)	-	0	-	-	8:47	4	0:38	7.8
7 (63)	5:12	11	2:04	66.0	13:59	7	1:57	16.2
8 (62)	1:45	5	0:14	15.4	15:44	7	2:11	16.1
9 (60)	1:43	7	0:28	37.3	17:27	6	2:39	17.9
10 (59)	1:10	6	0:18	34.6	18:37	6	2:57	18.8
11 (73)	1:58	7	0:23	24.2	20:35	6	3:20	19.3
12 (57)	1:05	5	0:11	20.4	21:40	5	3:16	17.8
13 (51)	2:33	8	0:32	26.5	24:13	6	3:48	18.6
14 (52)	0:50	3	0:07	16.3	25:03	5	3:17	15.1
15 (100)	3:22	5	0:23	12.9	28:25	5	3:36	14.5
Finish	0:14	3	0:02	16.7	28:39	5	3:35	14.3