



Thüringen Pokal 2018 und TRL
Arnstadt / 14.04.2018

Detailed evaluation

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Club: USV Jena

Total time: 32:41

Running performance: 10:32 min/km

Course: 3.10 km / 15 Controls

Category:

D45 (Damen ab 45)

Rank in category: 9(of 12)

Best time in the category: 25:04

Behind: 7:37

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (33)	0:57	6	0:15	35.7	0:57	6	0:15	35.7
2 (36)	1:01	3	0:16	35.6	1:58	2	0:31	35.6
3 (40)	2:00	11	0:39	48.2	3:58	4	0:55	30.1
4 (50)	3:54	10	1:26	58.1	7:52	8	1:26	22.3
5 (71)	1:45	8	0:25	31.3	9:37	8	1:28	18.0
6 (72)	-	0	-	-	9:37	8	1:28	18.0
7 (63)	5:09	9	2:01	64.4	14:46	9	2:44	22.7
8 (62)	1:53	9	0:22	24.2	16:39	9	3:06	22.9
9 (60)	2:12	10	0:57	76.0	18:51	9	4:03	27.4
10 (59)	1:06	3	0:14	26.9	19:57	9	4:17	27.3
11 (73)	2:04	9	0:29	30.5	22:01	9	4:46	27.6
12 (57)	0:54	1	-	-	22:55	8	4:31	24.6
13 (51)	3:33	11	1:32	76.0	26:28	9	6:03	29.6
14 (52)	1:45	10	1:02	144.2	28:13	9	6:27	29.6
15 (100)	4:13	9	1:14	41.3	32:26	9	7:37	30.7
Finish	0:15	8	0:03	25.0	32:41	9	7:37	30.4