



Thüringen Pokal 2018 und TRL
Arnstadt / 14.04.2018

Detailed evaluation

Pöhlmann, Lutz

Club: USV Jena

Total time: 56:44

Running performance: 12:20 min/km

Course: 4.60 km / 24 Controls

Category:

H45 (Herren ab 45)

Rank in category: 12(of 13)

Best time in the category: 34:44

Behind: 22:00

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (34) | 1:30 | 12 | 0:44 | 95.7 | 1:30 | 12 | 0:44 | 95.7 |
| 2 (38) | 1:10 | 10 | 0:21 | 42.9 | 2:40 | 12 | 1:04 | 66.7 |
| 3 (39) | 0:43 | 8 | 0:09 | 26.5 | 3:23 | 11 | 1:06 | 48.2 |
| 4 (43) | 1:09 | 8 | 0:13 | 23.2 | 4:32 | 11 | 1:16 | 38.8 |
| 5 (44) | 2:04 | 10 | 0:30 | 31.9 | 6:36 | 11 | 1:46 | 36.6 |
| 6 (51) | 3:40 | 11 | 1:12 | 48.7 | 10:16 | 10 | 2:57 | 40.3 |
| 7 (54) | 1:31 | 10 | 0:45 | 97.8 | 11:47 | 9 | 3:42 | 45.8 |
| 8 (53) | 1:55 | 11 | 1:14 | 180.5 | 13:42 | 10 | 4:56 | 56.3 |
| 9 (57) | 1:30 | 8 | 0:23 | 34.3 | 15:12 | 9 | 5:01 | 49.3 |
| 10 (58) | 2:36 | 13 | 1:56 | 290.0 | 17:48 | 10 | 6:48 | 61.8 |
| 11 (59) | 1:44 | 10 | 0:38 | 57.6 | 19:32 | 10 | 7:15 | 59.0 |
| 12 (60) | 1:10 | 8 | 0:18 | 34.6 | 20:42 | 9 | 7:27 | 56.2 |
| 13 (65) | 5:20 | 12 | 1:29 | 38.5 | 26:02 | 10 | 8:56 | 52.2 |
| 14 (66) | 1:47 | 12 | 0:56 | 109.8 | 27:49 | 10 | 9:46 | 54.1 |
| 15 (69) | 7:16 | 12 | 3:17 | 82.4 | 35:05 | 10 | 13:03 | 59.2 |
| 16 (68) | 1:55 | 13 | 1:09 | 150.0 | 37:00 | 10 | 14:08 | 61.8 |
| 17 (67) | 4:17 | 12 | 1:47 | 71.3 | 41:17 | 11 | 15:33 | 60.4 |
| 18 (64) | 2:58 | 12 | 1:18 | 78.0 | 44:15 | 11 | 16:47 | 61.1 |
| 19 (61) | 3:14 | 13 | 1:24 | 76.4 | 47:29 | 11 | 18:10 | 62.0 |
| 20 (72) | 2:23 | 13 | 0:57 | 66.3 | 49:52 | 12 | 18:56 | 61.2 |
| 21 (71) | - | 0 | - | - | 49:52 | 12 | 18:56 | 61.2 |
| 22 (49) | 3:58 | 13 | 2:12 | 124.5 | 53:50 | 12 | 20:45 | 62.7 |
| 23 (47) | 2:12 | 13 | 0:59 | 80.8 | 56:02 | 12 | 21:44 | 63.4 |
| 24 (100) | 0:30 | 12 | 0:12 | 66.7 | 56:32 | 12 | 21:56 | 63.4 |
| Finish | 0:12 | 9 | 0:04 | 50.0 | 56:44 | 12 | 22:00 | 63.3 |