



12. thüringenULTRA

Fröttstädt / 07.07.2018

Detailed evaluation

Schliwa, Sebastian

Club: Runconnection

Number: 141

Course: 100.22 km

100 Kilometer

Category:

Senioren M35 (35-39 Jahre)

Total time: 12:41:55

Speed: 7.87 km/h

Running performance: 7:36 min/km

Rank in course/Total: 94 (of 248)

Rank in course/Men: 83 (of 203)

Best time in course: 8:37:32

Rank in category: 13(of 22)

Best time in the category: 8:46:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:56:39	6:26	6	29:10	32	29:10	27.39	2:56:39	6:26	6	29:10	32	29:10
Floh-Seligenthal	27.74	3:11:33	6:54	10	37:32	57	40:10	55.13	6:08:12	6:40	13	1:30:51	66	1:30:51
Finsterbergen	22.03	3:08:40	8:33	13	1:06:05	99	1:09:41	77.16	9:16:52	7:13	13	2:36:56	72	2:39:17
Fröttstädt	23.06	3:25:03	8:53	13	1:18:10	110	1:25:06	100.22	12:41:55	7:36	13	3:55:06	83	4:04:23