



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Deschauer, Bernd

Club: DJK Teutonia Gaustadt
Number: 92

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 12:42:25

Speed: 7.89 km/h
Running performance: 7:37 min/km

Rank in course/Total: 97 (of 248)

Rank in course/Men: 85 (of 203)

Best time in course: 8:37:32

Rank in category: 11(of 25)

Best time in the category: 8:37:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:56:43	6:27	5	20:51	33	29:14	27.39	2:56:43	6:27	5	20:51	33	29:14
Floh-Seligenthal	27.74	2:53:27	6:15	3	16:06	21	22:04	55.13	5:50:10	6:21	6	1:11:34	47	1:12:49
Finsterbergen	22.03	3:06:14	8:27	12	1:07:15	91	1:07:15	77.16	8:56:24	6:57	9	2:18:49	56	2:18:49
Fröttstädt	23.06	3:46:01	9:48	17	1:46:04	146	1:46:04	100.22	12:42:25	7:36	11	4:04:53	85	4:04:53