



12. thüringenULTRA  
Fröttstädt / 07.07.2018

Detailed evaluation

Möllendorf, Heiko

Club: Potsdamer Laufclub  
Number: 35

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 9:37:59

Speed: 10.38 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 8 (of 248)

Rank in course/Men: 8 (of 203)

Best time in course: 8:37:32

Rank in category: 2(of 40)

Best time in the category: 9:31:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	fehlt!	-	-	-	-	-	27.39	-	-	-	-	-	-
Floh-Seligenthal	27.74	5:02:31	10:54	34	2:31:08	184	2:31:08	55.13	5:02:31	5:29	2	0:21	7	25:10
Finsterbergen	22.03	2:15:42	6:09	2	4:38	8	16:43	77.16	7:18:13	5:40	2	1:56	7	40:38
Fröttstädt	23.06	2:19:46	6:03	2	4:45	8	19:49	100.22	9:37:59	5:46	2	6:41	8	1:00:27