



## Detailed evaluation

**Körting, Axel**

Club: SC Karamasow  
Number: 133

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 12:48:30

Speed: 7.82 km/h  
Running performance: 7:40 min/km

Rank in course/Total: 102 (of 248)

Rank in course/Men: 89 (of 203)

Best time in course: 8:37:32

Rank in category: 23(of 40)

Best time in the category: 9:31:18

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                  |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Glasbachwiese    | 27.39       | 3:02:42       | 6:40            | 14          | 28:52          | 50          | 35:13         | 27.39         | 3:02:42       | 6:40            | 14          | 28:52          | 50         | 35:13         |
| Floh-Seligenthal | 27.74       | 3:27:52       | 7:29            | 23          | 56:29          | 102         | 56:29         | 55.13         | 6:30:34       | 7:05            | 25          | 1:28:24        | 95         | 1:53:13       |
| Finsterbergen    | 22.03       | 3:05:44       | 8:25            | 24          | 54:40          | 90          | 1:06:45       | 77.16         | 9:36:18       | 7:28            | 25          | 2:20:01        | 93         | 2:58:43       |
| Fröttstädt       | 23.06       | 3:12:12       | 8:20            | 21          | 57:11          | 87          | 1:12:15       | 100.22        | 12:48:30      | 7:40            | 23          | 3:17:12        | 89         | 4:10:58       |