



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Vandecasteele, Joachim

Club: Canal Street Runners
Number: 76

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:48:57

Speed: 7.80 km/h
Running performance: 7:40 min/km

Rank in course/Total: 103 (of 248)

Rank in course/Men: 90 (of 203)

Best time in course: 8:37:32

Rank in category: 24(of 40)

Best time in the category: 9:31:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:59:28	6:33	10	25:38	40	31:59	27.39	2:59:28	6:33	10	25:38	40	31:59
Floh-Seligenthal	27.74	3:01:56	6:33	9	30:33	38	30:33	55.13	6:01:24	6:33	16	59:14	53	1:24:03
Finsterbergen	22.03	3:15:53	8:53	29	1:04:49	112	1:16:54	77.16	9:17:17	7:13	20	2:01:00	73	2:39:42
Fröttstädt	23.06	3:31:40	9:10	31	1:16:39	121	1:31:43	100.22	12:48:57	7:40	24	3:17:39	90	4:11:25