



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Fels, Manfred

Club: Lauffreunde Emsland/TEA
Number: 127

Course: 100.22 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 13:03:50

Speed: 7.67 km/h
Running performance: 7:49 min/km

Rank in course/Total: 110 (of 248)

Rank in course/Men: 97 (of 203)

Best time in course: 8:37:32

Rank in category: 3(of 13)

Best time in the category: 12:31:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men
Glasbachwiese	27.39	3:29:35	7:39	6	121	34:13	1:02:06	27.39	3:29:35	7:39	6	121	34:13	1:02:06
Floh-Seligenthal	27.74	3:16:13	7:04	2	71	3:46	44:50	55.13	6:45:48	7:21	4	113	37:59	2:08:27
Finsterbergen	22.03	2:59:21	8:08	2	76	9:35	1:00:22	77.16	9:45:09	7:35	3	99	27:11	3:07:34
Fröttstädt	23.06	3:18:41	8:36	4	99	19:17	1:18:44	100.22	13:03:50	7:49	3	97	32:37	4:26:18