



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Zehring, Uwe

Club: DUV Oschersleben
Number: 24

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:04:49

Speed: 7.65 km/h
Running performance: 7:50 min/km

Rank in course/Total: 112 (of 248)

Rank in course/Men: 99 (of 203)

Best time in course: 8:37:32

Rank in category: 13(of 41)

Best time in the category: 9:58:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:25:16	7:29	20	49:25	107	57:47	27.39	3:25:16	7:29	20	49:25	107	57:47
Floh-Seligenthal	27.74	3:28:58	7:31	19	52:21	105	57:35	55.13	6:54:14	7:30	21	1:41:46	124	2:16:53
Finsterbergen	22.03	3:13:50	8:47	17	53:19	109	1:14:51	77.16	10:08:04	7:52	17	2:34:01	116	3:30:29
Fröttstädt	23.06	2:56:45	7:39	9	32:11	50	56:48	100.22	13:04:49	7:49	13	3:06:12	99	4:27:17