



12. thüringenULTRA  
Fröttstädt / 07.07.2018

Detailed evaluation

Struzak, Bernd

Club: Berlin  
Number: 150

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M75 (75 und älter)

Total time: 13:22:49

Speed: 7.49 km/h  
Running performance: 8:01 min/km

Rank in course/Total: 127 (of 248)

Rank in course/Men: 111 (of 203)

Best time in course: 8:37:32

Rank in category: 1(of 2)

Best time in the category: 13:22:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:32:24	7:45	1	-	124	1:04:55	27.39	3:32:24	7:45	1	-	124	1:04:55
Floh-Seligenthal	27.74	3:43:04	8:02	1	-	131	1:11:41	55.13	7:15:28	7:53	1	-	152	2:38:07
Finsterbergen	22.03	3:07:07	8:29	1	-	94	1:08:08	77.16	10:22:35	8:04	1	-	129	3:45:00
Fröttstädt	23.06	3:00:14	7:48	1	-	59	1:00:17	100.22	13:22:49	8:00	1	-	111	4:45:17