



12. thüringenULTRA  
Fröttstädt / 07.07.2018

Detailed evaluation

Menz, Judit

Club: ETSV Lauda  
Number: 131

Course: 100.22 km  
100 Kilometer

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 13:25:37

Speed: 7.45 km/h  
Running performance: 8:02 min/km

Rank in course/Total: 130 (of 248)

Rank in course/Women: 17 (of 45)

Best time in course: 10:31:06

Rank in category: 5(of 14)

Best time in the category: 10:31:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:33:56	7:48	8	53:16	22	53:16	27.39	3:33:56	7:48	8	53:16	22	53:16
Floh-Seligenthal	27.74	3:21:45	7:16	4	33:12	12	33:12	55.13	6:55:41	7:32	5	1:26:28	18	1:26:28
Finsterbergen	22.03	2:58:05	8:05	3	29:36	8	29:36	77.16	9:53:46	7:41	5	1:56:04	15	1:56:04
Fröttstädt	23.06	3:31:51	9:11	7	58:27	26	1:05:24	100.22	13:25:37	8:02	5	2:54:31	17	2:54:31