



Detailed evaluation

Miller, Alex

Club: Team Miller-Udell
Number: 25

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 13:29:48

Speed: 7.41 km/h
Running performance: 8:05 min/km

Rank in course/Total: 136 (of 248)

Rank in course/Men: 119 (of 203)

Best time in course: 8:37:32

Rank in category: 17(of 25)

Best time in the category: 8:37:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:18:40	7:15	16	42:48	91	51:11	27.39	3:18:40	7:15	16	42:48	91	51:11
Floh-Seligenthal	27.74	3:25:28	7:24	15	48:07	98	54:05	55.13	6:44:08	7:19	17	2:05:32	110	2:06:47
Finsterbergen	22.03	3:22:55	9:12	17	1:23:56	127	1:23:56	77.16	10:07:03	7:52	17	3:29:28	115	3:29:28
Fröttstädt	23.06	3:22:45	8:47	12	1:22:48	105	1:22:48	100.22	13:29:48	8:04	17	4:52:16	119	4:52:16