



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Pawlowski, Lukas

Club: RAW Vegan Run
Number: 255

Course: 100.22 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 9:58:01

Speed: 10.03 km/h
Running performance: 5:58 min/km

Rank in course/Total: 10 (of 248)

Rank in course/Men: 10 (of 203)

Best time in course: 8:37:32

Rank in category: 6(of 22)

Best time in the category: 8:46:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	fehlt!	-	-	-	-	-	27.39	-	-	-	-	-	-
Floh-Seligenthal	27.74	4:59:31	10:47	22	2:25:30	182	2:28:08	55.13	4:59:31	5:25	4	22:10	5	22:10
Finsterbergen	22.03	2:25:03	6:35	6	22:28	13	26:04	77.16	7:24:34	5:45	6	44:38	9	46:59
Fröttstädt	23.06	2:33:27	6:39	6	26:34	19	33:30	100.22	9:58:01	5:58	6	1:11:12	10	1:20:29