



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Tegelkamp, Lissi

Club: Düsseldorf
Number: 126

Course: 100.22 km
100 Kilometer

Category:
Frauen (20-29 Jahre)

Total time: 14:09:45

Speed: 7.06 km/h
Running performance: 8:29 min/km

Rank in course/Total: 157 (of 248)

Rank in course/Women: 25 (of 45)

Best time in course: 10:31:06

Rank in category: 3(of 3)

Best time in the category: 12:41:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:42:06	8:06	3	46:01	28	1:01:26	27.39	3:42:06	8:06	3	46:01	28	1:01:26
Floh-Seligenthal	27.74	3:34:03	7:42	3	24:25	21	45:30	55.13	7:16:09	7:54	3	1:10:26	26	1:46:56
Finsterbergen	22.03	3:24:15	9:16	3	13:58	24	55:46	77.16	10:40:24	8:17	3	1:23:41	26	2:42:42
Fröttstädt	23.06	3:29:21	9:04	2	4:09	24	1:02:54	100.22	14:09:45	8:28	3	1:27:50	25	3:38:39