



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Heinkelein, Michael

Club: BSG Springorum Bochum
Number: 213

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 14:29:00

Speed: 6.92 km/h
Running performance: 8:40 min/km

Rank in course/Total: 171 (of 248)

Rank in course/Men: 143 (of 203)

Best time in course: 8:37:32

Rank in category: 19(of 25)

Best time in the category: 8:37:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:10:41	6:57	9	34:49	68	43:12	27.39	3:10:41	6:57	9	34:49	68	43:12
Floh-Seligenthal	27.74	3:29:42	7:33	17	52:21	107	58:19	55.13	6:40:23	7:15	15	2:01:47	104	2:03:02
Finsterbergen	22.03	3:36:33	9:49	19	1:37:34	152	1:37:34	77.16	10:16:56	7:59	18	3:39:21	124	3:39:21
Fröttstädt	23.06	4:12:04	10:55	21	2:12:07	171	2:12:07	100.22	14:29:00	8:40	19	5:51:28	143	5:51:28