



12. thüringenULTRA  
Fröttstädt / 07.07.2018

Detailed evaluation

Kranz, Manfred

Club: München  
Number: 193

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 14:39:17

Speed: 6.84 km/h  
Running performance: 8:46 min/km

Rank in course/Total: 177 (of 248)

Rank in course/Men: 149 (of 203)

Best time in course: 8:37:32

Rank in category: 33(of 46)

Best time in the category: 10:20:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:39:03	7:59	32	57:49	139	1:11:34	27.39	3:39:03	7:59	32	57:49	139	1:11:34
Floh-Seligenthal	27.74	3:38:47	7:53	31	54:22	125	1:07:24	55.13	7:17:50	7:56	35	2:03:34	154	2:40:29
Finsterbergen	22.03	3:29:26	9:30	33	58:48	142	1:30:27	77.16	10:47:16	8:23	34	2:59:07	149	4:09:41
Fröttstädt	23.06	3:52:01	10:03	34	1:19:25	154	1:52:04	100.22	14:39:17	8:46	33	4:18:32	149	6:01:45