



12. thüringenULTRA

Fröttstädt / 07.07.2018

Detailed evaluation

Koehler, Klaus

Club: Delmenhorster TV
Number: 8

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 14:54:00

Speed: 6.71 km/h
Running performance: 8:55 min/km

Rank in course/Total: 188 (of 248)

Rank in course/Men: 155 (of 203)

Best time in course: 8:37:32

Rank in category: 29(of 41)

Best time in the category: 9:58:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:48:43	8:21	34	1:12:52	161	1:21:14	27.39	3:48:43	8:21	34	1:12:52	161	1:21:14
Floh-Seligenthal	27.74	3:50:26	8:18	26	1:13:49	139	1:19:03	55.13	7:39:09	8:19	34	2:26:41	170	3:01:48
Finsterbergen	22.03	3:25:15	9:19	20	1:04:44	133	1:26:16	77.16	11:04:24	8:36	28	3:30:21	160	4:26:49
Fröttstädt	23.06	3:49:36	9:57	29	1:25:02	151	1:49:39	100.22	14:54:00	8:55	29	4:55:23	155	6:16:28