



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Joseph, Alexander

Club: Mühlthal-Laufverein
Number: 108

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 15:04:43

Speed: 6.65 km/h
Running performance: 9:02 min/km

Rank in course/Total: 194 (of 248)

Rank in course/Men: 161 (of 203)

Best time in course: 8:37:32

Rank in category: 34(of 40)

Best time in the category: 9:31:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:41:02	8:04	29	1:07:12	142	1:13:33	27.39	3:41:02	8:04	29	1:07:12	142	1:13:33
Floh-Seligenthal	27.74	3:50:40	8:18	28	1:19:17	140	1:19:17	55.13	7:31:42	8:11	35	2:29:32	162	2:54:21
Finsterbergen	22.03	3:28:30	9:27	35	1:17:26	138	1:29:31	77.16	11:00:12	8:33	35	3:43:55	155	4:22:37
Fröttstädt	23.06	4:04:31	10:36	35	1:49:30	164	2:04:34	100.22	15:04:43	9:01	34	5:33:25	161	6:27:11