



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Noa, Frank

Club: Rennsteiglaufverein
Number: 165

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 15:09:26

Speed: 6.61 km/h
Running performance: 9:04 min/km

Rank in course/Total: 196 (of 248)

Rank in course/Men: 163 (of 203)

Best time in course: 8:37:32

Rank in category: 31(of 41)

Best time in the category: 9:58:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:42:03	8:06	27	1:06:12	145	1:14:34	27.39	3:42:03	8:06	27	1:06:12	145	1:14:34
Floh-Seligenthal	27.74	3:45:58	8:08	23	1:09:21	133	1:14:35	55.13	7:28:01	8:07	29	2:15:33	161	2:50:40
Finsterbergen	22.03	3:39:06	9:56	27	1:18:35	156	1:40:07	77.16	11:07:07	8:38	30	3:33:04	163	4:29:32
Fröttstädt	23.06	4:02:19	10:30	32	1:37:45	162	2:02:22	100.22	15:09:26	9:04	31	5:10:49	163	6:31:54