



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Noa, Heike

Club: Rennsteiglaufverein
Number: 164

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 15:09:27

Speed: 6.60 km/h
Running performance: 9:04 min/km

Rank in course/Total: 197 (of 248)

Rank in course/Women: 34 (of 45)

Best time in course: 10:31:06

Rank in category: 7(of 11)

Best time in the category: 11:00:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Glasbachwiese	27.39	3:42:04	8:06	5	51:02	27	1:01:24	27.39	3:42:04	8:06	5	51:02	27	1:01:24
Floh-Seligenthal	27.74	3:45:57	8:08	7	55:28	31	57:24	55.13	7:28:01	8:07	6	1:46:30	30	1:58:48
Finsterbergen	22.03	3:39:06	9:56	6	1:05:05	32	1:10:37	77.16	11:07:07	8:38	6	2:51:35	31	3:09:25
Fröttstädt	23.06	4:02:20	10:30	8	1:17:38	37	1:35:53	100.22	15:09:27	9:04	7	4:09:13	34	4:38:21