



12. thüringenULTRA  
Fröttstädt / 07.07.2018

Detailed evaluation

Porstner, Thomas

Club: LG Ultralauf  
Number: 22

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 15:25:16

Speed: 6.48 km/h  
Running performance: 9:14 min/km

Rank in course/Total: 204 (of 248)

Rank in course/Men: 167 (of 203)

Best time in course: 8:37:32

Rank in category: 33(of 41)

Best time in the category: 9:58:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:34:54	7:50	26	59:03	133	1:07:25	27.39	3:34:54	7:50	26	59:03	133	1:07:25
Floh-Seligenthal	27.74	3:52:57	8:23	29	1:16:20	146	1:21:34	55.13	7:27:51	8:07	28	2:15:23	160	2:50:30
Finsterbergen	22.03	3:50:07	10:26	33	1:29:36	168	1:51:08	77.16	11:17:58	8:47	33	3:43:55	168	4:40:23
Fröttstädt	23.06	4:07:18	10:43	33	1:42:44	167	2:07:21	100.22	15:25:16	9:13	33	5:26:39	167	6:47:44