



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Pohl, Günther

Club: LTV Erfurt
Number: 183

Course: 100.22 km
100 Kilometer

Category:
Senioren M75 (75 und älter)

Total time: 16:17:44

Speed: 6.14 km/h
Running performance: 9:46 min/km

Rank in course/Total: 216 (of 248)

Rank in course/Men: 178 (of 203)

Best time in course: 8:37:32

Rank in category: 2(of 2)

Best time in the category: 13:22:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:45:41	8:14	2	13:17	152	1:18:12	27.39	3:45:41	8:14	2	13:17	152	1:18:12
Floh-Seligenthal	27.74	3:50:53	8:19	2	7:49	142	1:19:30	55.13	7:36:34	8:16	2	21:06	166	2:59:13
Finsterbergen	22.03	4:01:27	10:57	2	54:20	178	2:02:28	77.16	11:38:01	9:02	2	1:15:26	174	5:00:26
Fröttstädt	23.06	4:39:43	12:07	2	1:39:29	184	2:39:46	100.22	16:17:44	9:45	2	2:54:55	178	7:40:12