



Detailed evaluation

Blumensaat, Roland

Club: Schritt-Weise.de
Number: 237

Course: 100.22 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 16:18:32

Speed: 6.15 km/h
Running performance: 9:46 min/km

Rank in course/Total: 217 (of 248)

Rank in course/Men: 179 (of 203)

Best time in course: 8:37:32

Rank in category: 10(of 13)

Best time in the category: 12:31:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Glasbachwiese	27.39	3:59:16	8:44	13	1:03:54	174	1:31:47	27.39	3:59:16	8:44	13	1:03:54	174	1:31:47				
Floh-Seligenthal	27.74	4:08:20	8:57	11	55:53	163	1:36:57	55.13	8:07:36	8:50	13	1:59:47	190	3:30:15				
Finsterbergen	22.03	3:53:01	10:34	10	1:03:15	172	1:54:02	77.16	12:00:37	9:20	11	2:42:39	185	5:23:02				
Fröttstädt	23.06	4:17:55	11:11	12	1:18:31	177	2:17:58	100.22	16:18:32	9:45	10	3:47:19	179	7:41:00				