



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Werner, Karsten

Club: Oberursel
Number: 63

Course: 100.22 km
100 Kilometer

Category:
Senioren M30 (30-34 Jahre)

Total time: 10:49:30

Speed: 9.24 km/h
Running performance: 6:29 min/km

Rank in course/Total: 25 (of 248)

Rank in course/Men: 23 (of 203)

Best time in course: 8:37:32

Rank in category: 3(of 7)

Best time in the category: 10:08:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:50:59	6:14	3	6:46	26	23:30	27.39	2:50:59	6:14	3	6:46	26	23:30
Floh-Seligenthal	27.74	2:52:55	6:14	2	3:55	19	21:32	55.13	5:43:54	6:14	4	34:23	37	1:06:33
Finsterbergen	22.03	2:29:10	6:46	2	7:56	18	30:11	77.16	8:13:04	6:23	3	33:35	24	1:35:29
Fröttstädt	23.06	2:36:26	6:47	3	16:18	20	36:29	100.22	10:49:30	6:28	3	40:36	23	2:11:58