



# 12. thüringenULTRA

Fröttstädt / 07.07.2018

## Detailed evaluation

**Ernst, Marcel**

Club: Lauffeuer Fröttstädt  
Number: 3

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M30 (30-34 Jahre)

Total time: 11:15:59

Speed: 8.90 km/h  
Running performance: 6:44 min/km

Rank in course/Total: 39 (of 248)

Rank in course/Men: 36 (of 203)

Best time in course: 8:37:32

Rank in category: 4(of 7)

Best time in the category: 10:08:54

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:50:49	6:14	2	6:36	22	23:20	27.39	2:50:49	6:14	2	6:36	22	23:20
Floh-Seligenthal	27.74	2:57:54	6:24	3	8:54	29	26:31	55.13	5:48:43	6:19	5	39:12	43	1:11:22
Finsterbergen	22.03	2:47:21	7:35	6	26:07	42	48:22	77.16	8:36:04	6:41	5	56:35	41	1:58:29
Fröttstädt	23.06	2:39:55	6:56	4	19:47	26	39:58	100.22	11:15:59	6:44	4	1:07:05	36	2:38:27